

I'd like to build a stronger relationship with my mother.

Submitted by Thithi on 1 December, 2008 - 00:38

Hello, I'm fourteen years old and I'd like to build a stronger relationship with my mother. I've never really had a relationship with her, but when I was little, I'd hug her, kiss her, and tell her I loved her everyday. Today, I hardly even speak to her. Over the past few years, a lot of things have happened to change the way I am, or the way I react to certain situations, but I won't go into detail. I've always been quiet and somewhat of a loner. My mother thinks that I hate her and our family. She thinks I'm depressed and I need therapy. Whenever she tries to communicate with me, we just end up getting into fights because of our disagreements. My current therapist says that I act the way I do because of my Hyperthyroidism. He explained this to my mother, but she completely disregarded it. I have no idea how to come about this, and I think I should just wait until I'm more mature, but maybe it'll be too late. I just want the tension between us two to be gone and for her to be slightly, maybe, just a little more happy.

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Hyperthyroidism is easily

Submitted by Willow on 19 December, 2008 - 21:04

Hyperthyroidism is easily treatable with tablets and a blood test will find out if you have it.

In the UK you can go and see your GP without your mother knowing if it helps.

Sorry I'm not very up on teen-parent relationships. All the best to you and your mum.

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As a last resort, you may try

Submitted by a reader (not verified) on 7 January, 2009 - 23:22

As a last resort, you may try writing to her. E-mail works particularly well. This assumes that she will read what you wrote and respond; but it does stop people's tempers from getting out of hand and blocking communication.

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y dnt u e-mail her, show her,

Submitted by a reader (not verified) on 25 June, 2009 - 20:15

y dnt u e-mail her, show her, or tell her all that u wrote on this discussion board. You seemed to be able to speak freely, and you have your main thoughts out. It may seem uncomfortable to start, but u should show her this discussion that you started. She doesnt kno how u really feel, y dnt u tell her.

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wish i would change

Submitted by [michaelcorbett \(not verified\)](http://yahoo.com/directory) (http://yahoo.com/directory) on 2 January, 2010 - 21:24

Hi im 15 years of age and i live with a mom and dad but im adopted i am a male and i have lived away from my family for about 6 months. I live at a boarding school in sanoma hbc and it is not easy living their but its cool. I do have a reel mom i just dont know who she is and the mom i have right now i dont get along with i do have some adhd and bypoler but i dont balieve in medicine i believe i could change on my own.I just wish i could change the life i live now i feel difrent like i dont know i just wish thier is someone out their that could help me have a healthy relationship with my mom.january2010

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